



**Breaking Ground Contracting Company**  
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## **PRESS RELEASE**

FOR IMMEDIATE RELEASE

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### **Breaking Ground Contracting Company Receives ABC STEP Platinum Award**

*Jacksonville, FL September 2007* - Breaking Ground Contracting Company, a commercial general contracting firm headquartered in Jacksonville, FL, is pleased to announce they have been selected as an Associated Builders and Contractors STEP Platinum Award winner for excellence in practices and training related to safety.

The ABC Safety Training & Evaluation Process (STEP) recognizes member companies with exceptional safety records. There are four levels of achievement in the STEP program: Bronze, Silver, Gold and Platinum. STEP Platinum recipients represent companies with a proven track record for safety and have received the STEP Gold or Platinum in previous years. Only 2% of all ABC companies qualify for this honor and can document OSHA recordable incident rates well below the national average.

Breaking Ground Contracting Company has received the STEP award for the last four years due to their strong safety program, processes, and quality of people. The company goes above and beyond OSHA requirements for a safe workplace and incorporates continual training for their entire team.

The ABC STEP Awards were announced at the Associated Builders and Contractor's monthly meeting in September at San Jose Country Club.

#### **About Breaking Ground Contracting Company**

A State-of-Florida certified woman owned business, Breaking Ground Contracting Company is an award-winning, commercial general contractor providing quality construction services to both public and private clients. With demonstrated experience in health and fitness facilities, institutional and government projects, as well as numerous specialty construction projects, Breaking Ground offers clients the solutions they need to reach their construction goals. The company's portfolio includes new construction, renovations, tenant build outs, and additions with services in general and sustainable (LEED) construction, pre-construction, design/build and construction management. Breaking Ground Contracting Company strives to be a leader in sustainable  
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construction through their commitment to high-performance building and environmentally conscious practices. For more information on Breaking Ground Contracting Company, please visit their website at [www.breakinggroundcontracting.com](http://www.breakinggroundcontracting.com) or contact Ellen Leroy-Reed at (904) 388-1350.

**About Associated Builders and Contractors**

Associated Builders and Contractors (ABC) is a national association representing more than 24,000 merit shop construction and construction-related firms in 78 chapters across the United States. ABC's membership represents all specialties within the U.S. construction industry and is comprised primarily of firms that perform work in the industrial and commercial sectors of the industry. ABC was founded in 1950 when seven contractors gathered in Baltimore, Md. to create an association based on the shared belief that construction projects should be awarded on merit to the most qualified and responsible low bidders. Their courage and dedication to the merit shop philosophy spread rapidly, and within time, ABC became the fastest-growing association in the United States. Today, ABC is recognized as one of the leading organizations representing America's business community and the U.S. construction industry.

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